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Experience of Foreign Countries in the Prevention of Divorces

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Abstract:

Ever since mankind was born, strives to live in harmony, like a family. The family is considered the core of society, and the breakup of families has a negative impact on society. The social consequences of divorce include a decrease in the birth rate, deterioration in family education, a decrease in labor productivity, deterioration in health indicators, an increase in mortality, an increase in alcoholism, the destruction of family relationships, an increase in suicidal attempts, and an increase in the risk of mental illness. In recent years, the number of decrees in Uzbekistan has been increasing, in order to prevent such negative consequences, the main purpose of the article is to study the work done in foreign countries and apply some of them in accordance with national values.

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Introduction. Today, divorce and family breakdown have reached a global level. And not only the family suffers from this, society also suffers, divorce actually causes a lot of problems, for example: increased demand for housing (due to separation after divorce), a decrease in family income due to alimony, and divorce affects the mental state of a person, affects people in their relationships, at work, causes an unhealthy environment at work, in addition, the separation of a father or mother causes serious damage to morality and upbringing of children, reduces their level of education and creates problems in finding their place in society. The destruction of families sometimes causes material and moral damage to relatives, and this is considered a very big social problem, so the question arises, if marriages and divorces are voluntary, then why do state bodies and family institutions take measures to prevent this by producing events? Due to divorces, the number of single people in society increases, timely attention is not paid to the issues of family breakdown and divorce.

Research methods. The Universal Declaration of Human Rights, adopted in 1948, stated that men and women "have equal rights in divorce and marriage" and that marriage should only be entered into "with the free and full consent of the spouses". Such views of marriage are based on contemporary

egalitarian individualism, as opposed to historical alternatives such as the patriarchal family (Wang & Schofer, 2018). Initially, a systematic study of the causes of family breakdown was developed by the American sociologist W. Goodom, and later the dynamics of the causes of divorce was studied by J. Levinger. Japanese sociologist Professor Tadashi Fukutake - People who want to start a family marry for the common good of the family, based on their personal needs. And their goal is to maintain the reputation of the family and position in society. Most Japanese families consider it natural for a man to be the head of the family, and the interests of the family come first. Researchers of the Russian Institute of Family and Demography Kharcheva A.G., Antonova A.I., Borisova V.A., studied, compared, used statistical analysis, methods.

Main part. In order to prevent the above incidents, various measures are being developed to maintain the stability of the family. The purpose of our article is to develop programs and legal solutions aimed at reducing issues of discrimination based on demographic reasons in foreign countries. The high divorce rate is considered unique in developed countries, and the process is second only to the United States in Russia. And this situation has not changed over the past 10 years. In the Russian Federation in the 1950s, the divorce rate was less than 1 per 1,000 people, but after the legalization of divorce in 1965, the number of legal divorces increased. In the 1990s, during the socio-economic political crisis, the number of divorces stabilized, that is, 4-5 divorces per 1000 people [1]. But so far, family breakdown has reached a record level, in 2021 799 thousand families were formed, 537 thousand families divorced, and in 2022 868.7 thousand families were formed and 567 thousand divorces were registered. According to an analysis of surveys conducted in Russia, the causes of divorce were explained by alcoholism in 52%, adultery in 46%, domestic violence in 43.7%, incompatibility of characters in 35% [2]. What mechanism has been introduced in the Russian Federation? What is expected to be done to save the family in the future? It should not be forgotten that the violation of marriage depends primarily on feelings and this does not fall under the law. If people don't love each other, if they don't have relationships, the law won't help. Current work carried out in Russia:

One of the measures introduced by the government is the complication of the divorce process and the lengthening of the decision-making period. The current deadline for this application is 3 months [3]. According to the proposal of the Duma of the Russian Federation in 2013, to increase the state fee payable for divorce. It is intended to provide housing for new families, as well as to reduce the burden on the mother-in-law and father-in-law who live together. A free state program is being introduced to prepare young people for families. We all know cases of broken marriages among young people who have not adapted to a new life. Such programs help young people who want to get married, build a family based on mutual love, respect and fidelity, and prevent conflicts in the family [4]. Development of a system of psychological support for families on the verge of divorce. Receive free help from qualified psychologists who can provide the necessary assistance in difficult life situations of a person, and create such centers [4]. One of the reasons for divorce is childlessness. Providing medical assistance to such families, health centers and financial support from the state for medical services. All these are measures taken by the Russian government to preserve the stability and strength of the family. They are effectively used today.

Statistical data and their analysis. The Turkish Statistical Agency has published the results of marriages and divorces for the past year. According to the agency, the reasons for frequent divorces are: Firstly, it was assessed as irresponsible in the family. This has become the leading cause of divorce in the country. Secondly, 14% of families asked for a divorce because of infidelity. Thirdly,

the inability to financially provide for the family - 9% [5]. The divorce case in Turkey has gone so far that representatives of the Turkish parliament have proposed opening family schools in every region of the country. In this regard, 780,105 people took part in the educational program organized by the Institute of the Family of the Turkish Community. Secondly, every citizen can participate online daily by registering on the website of the family education program. There you can find all aspects of family life, the first months of marriage, the birth and upbringing of children, the crisis periods of marriage and current topics related to the family. Thirdly, the Ministry of Family Affairs is working on another module. It is called "Find the Right Partner" (translated by the author) and shows the opinions and statistics of psychologists, sociologists and medical experts on how to find the right spouse and relationship for the younger generation [6].

(Tuik) presented a sociological survey, according to which 59.9% of families create a family through matchmakers. In Turkey, a woman is strictly protected by law, regardless of any situation in a divorce relationship, and a man can demand compensation for material and moral damage and even receive alimony for dependent children [7]. The cultural heritage of Turkey is closely connected with the Islamic civilization, 89.9 percent of the population are Muslims and, of course, Islam contributes to a large number of children [8]. In Turkish society, the role of children in maintaining a family is of great importance, and this is not enough in maintaining parental relationships.

South Korea is a country that stands out among the eastern countries with its unique culture and way of life. Preserving the criteria of the family, ensuring its stability has taken a different form. In recent years, 40% of marriages in South Korea end in divorce. In 2021, the median age at marriage was 33.4 for men and 31.1 for women. Since 2006, the government has been encouraging large families to mitigate the demographic crisis. In the media, in workplaces and on public transport, families are encouraged to have children with various banners and posters. They also offer bonuses of 1 million won (\$860) for the first child, 5 million won for the second child, and 10 million won for the third child [9].

According to The Korea Times, 60 percent of women aged 25 to 34 in the metropolitan area are single. In this regard, the mayor of the city organizes an event 3 times a year for teachers, doctors and employees working in various professions aged 27 to 40 years, various games and quizzes are held, and at the end they are asked to choose 3 people who would like to meet each other. But, despite this, there is almost no demographic growth among the population. One of the goals of Korean family institutions is to promote the family and motivate the upbringing of children, and one of the other goals is to take measures to prevent family breakdown. Representatives of various fields are scratching their heads over this, and existing laws and regulations are being improved. In particular, according to a decree adopted in 1953, cheating on a husband's wife is considered a criminal offense. In this country with high gender (117 out of 142 countries) [10]. If the husband's guilt is confirmed, he will be imprisoned for up to 2 years.

Under South Korean law, a citizen who is the main reason for a divorce is not eligible to file for divorce. The application is accepted at the request of both parties [11]. In China, the number of decisions on the 2021 report decreased by 70% compared to last year. In the first quarter of 2021, 296,000 people filed for divorce, while in the same period of 2020 there were 105 million people, the main reason for this is that from January 1, a new law came into force in China, according to which, families those who are on the verge of a divorce should think carefully, an additional 30 days have been added. Lawyers say the government plans to protect people from rash acts.

According to The Guardian, a law aimed at reducing the number of divorces in China requires 30 days for divorce applications to be approved by the registry office, during which time the parties can withdraw the application, and at the same time, confirmation of the application must be received after 30 days, but no later than 60 days after the submission of the application, otherwise the application will lose its validity [12]. In China, there is a counseling service for families on the verge of divorce, and they are approached in difficult and difficult situations, when there is infidelity or psychological pressure. The couple comes to the consultation together because they are equally responsible for the stability of the family, and we also have an online consultation service, explains the director of the counseling center Zhu Shenyun, this service alone brings the company a net profit of 150,000 euros [13].

India has the lowest divorce rate of any country in several years and the lowest divorce rate in the world. Currently, there are 13 cases per 1,000 families, which is equal to 1%. When we study the reasons for the breakup of a family in India, people have formed a negative mentality towards divorce, a family that wants a divorce must explain the reason to all relatives, and only if they allow it, the divorce will take place, because the divorce brings disgrace to the whole family.

After a divorce, it is almost impossible for women to marry a second time, women cannot go to their father's house and they will not accept her there again. The reason is that in this situation, her sisters and brothers will have problems starting a family, because no one wants to intermarry with such a family. It is difficult for divorced women in rural areas to find work, even finding housing through rent is considered a problem. Another aspect is that all the property of a divorced woman goes to the account of her husband [14]. Another tricky aspect of divorce in India is that the divorce process can take up to 10 years.

Lawyers are expensive, and men provide their ex-wife with money until she remarries (as we mentioned above, women almost never remarry). Applying for a divorce is difficult, for this you first need to find a priest, get a written document from him confirming that you are married, and then apply to the court. In India, as in Turkey, after a divorce, children remain with their father [15]. In Japan, after the adoption of the Japanese constitution in 1947, the rights of men and women were equalized, and property was divided equally, while Japan ranks 26th in the world in terms of the number of divorces [16].

One of the main reasons for divorce is economic freedom, that is, the couple has an independent income, modern women can get an education, work in prestigious places, have a high position and show that they can live separately from their spouses. About 40% of women who create a family divorce between the ages of 20 and 24, and the state and family institutions have taken a number of measures to prevent divorce [17]. For example: Child and family care in 1995, Support for family entrepreneurs in 1999, The work-life balance program was adopted in 2007 to help working married women. On their basis, it is provided that the work of the family does not cause family disputes and to prevent divorces in society, the importance of the family in any situation, as well as ensuring the harmony of work and family, increasing childbearing and providing benefits to women with children [18]. Japan has introduced another divorce prevention mechanism whereby couples who choose to divorce are advised to live separately for a certain period of time. How long can a couple live apart? Does a man or woman need a spouse? Can their material and moral state get used to it? Often, good results are achieved, especially for families with children, this process is especially effective [16].

Obtained results and conclusion. In conclusion, we can say that today the breakdown of families in Uzbekistan is in a deplorable state, and from January 1 to June 1, 2022, 20,798 families were officially divorced. This is 4,700 more than in the same period last year. In particular, 14,986 decisions based on relevant court decisions and 5,812 decisions based on mutual consent were recorded. The highest rates were recorded in Andijan, Fergana, Namangan regions and the city of Tashkent. Each family is considered the core of society, and it is clear that the division of the family does not leave society without consequences. In order to avoid such disappointments, based on foreign experience, the following is recommended:

Extending the divorce period to 6 months for families filing for divorce (3 months after the filing date) and allowing more time if they have children. Relationships can change in a positive direction over a period of time. In higher educational institutions, forming family criteria based on our national mentality, introducing into the minds of young people such concepts as the fact that the family is a small society and that each person has his own place in this family and has his own opinion.

In the event of family disputes, free online consultations with qualified psychologists and specialists with religious knowledge are provided to find a solution, as well as the creation of a 24-hour call center.

Studying the situation of families that are on the verge of divorce, and helping them solve housing issues to reduce pressure from mothers-in-law and sister-in-laws. What are the negative consequences of disrupting families on the Internet, social networks and local TV channels? And how does this affect the child's psyche? Preparation of programs on this topic. Bringing to administrative or criminal liability family members separated due to infidelity. Extend the divorce period for families who have filed for divorce and invite them to live separately for a certain period of time.

Development of a program of material and medical assistance to families separated due to childlessness. "Preparing for a family" or "What kind of person should I start a family with?" development of free educational programs. The introduction of various posters and tests for IQ (intelligence quotient), which determine mental competence and worldview in the divisions of the registry office. To determine if young people are compatible with each other. The population of Uzbekistan belongs to the Islamic religion, and based on our religion, the sanctity of the family, the duties of husband and wife in Islam, fidelity to each other, kindness, the importance of the whole family in raising children, holding conversations in a circle.

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